# Safety, Security and Secrets

Northern New England Facility Masters Conference February 24-25, 2016



### www.healthy-kids.info

Ellie Goldberg, M.Ed. Advocate for healthy kids, safe schools and sustainable communities

# "No matter what our attempts to inform, it is our ability to inspire that will turn the tides."

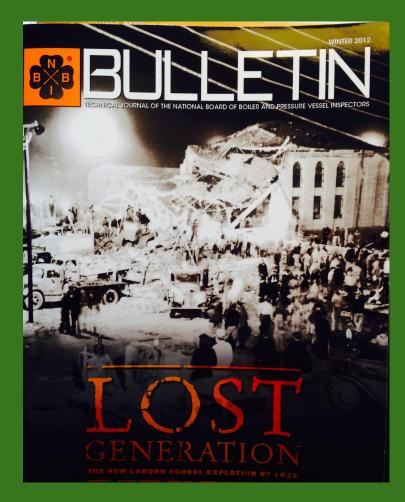
Jan Phillips, co-founder Syracuse Cultural Workers www.syrculturalworkers.org



### Lost Generation The New London School Explosion of 1937

Technical Journal of the National Board of Boiler and Pressure Vessel Inspectors <u>http://www.nationalboard.org/</u>

This is a story that must be told. And retold again and again. For it is only through the continual remembrance of these tragic events we as an industry can humanize the critical importance of pressure equipment safety.



# Lessons Learned. Lives Saved. Lessons Lost. Enormous Cost.

Yes, it is painful to threaten the illusion of safety in a school or community and to talk about death and loss. The New London School Explosion survivors did not talk about their painful experiences for more than forty years.

**LESSON**: It is even more painful to live with a tragedy when opportunities to prevent loss were unseen or overlooked.



9-year old survivor Carolyn Jones Frei's March 25, 1937 speech to the Texas Legislature.

"...let us suggest the legislature of Texas set aside a special day each year to be observed as a memorial day on which tribute will be paid to the children and teachers who died in this catastrophe ...and to make laws of safety...

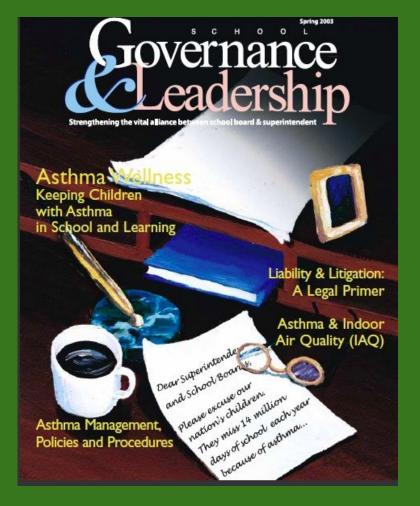
Our daddies and mothers, as well as the teachers, want to know that when we leave our homes in the morning to go to school, that we will come out safe when our lessons are over."



Carolyn Jones Frei lost her sister Helen Jones, an honor student and member of the high school champion debate team ...and her uncle, Paul Grier, a senior who planned to study medicine. (*The London Museum and Tea Room.*)



"It was the collective faults of average individuals, ignorant of or indifferent to the need of precautionary measures, where they cannot, in their lack of knowledge, visualize a danger or hazard."



What are the lessons of incidents, accidents, close calls and near misses?

LESSON Silence is the enemy.

Use the safety case approach to overcoming a culture of silence.

> Institutional Memory: Why Remembering is Critical for a Culture of Safety, James R Chiles, Winter 2012, National Board Bulletin

### **Eliminating Cultures of Silence**

Could the disasters at Erron and WorkCom have been easily avoided? What about the mistakes at the Duke and Baylor hospitals, or the tragic explosion of the space shuttle Columbia?

Sadly, before each disaster, stake holders saw clear warning signs for catastrophe and yet they said nothing. Trends show that similar cultures of silence proliferate in organizations across the country.

VitaSmarts' research reveals that there are five key issues that if not handled correctly will ultimately lead to failed execution or worse, trapely. They also found that 90 percent of businesses routinely suffer from one or more of these five key issues.

The good news is that organizations who successfully handle these five issues transform cultures of silence into cultures of honesty and effective communication—eliminating potential catastrophes and saving lives.



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**PLANNING GUIDE** 

SCHOOL FACE ITIES

for MAINTA

### Mike Matley, Super Custodian, Hero 2014

### LESSON

Just as the false economies and short-sighted decisions that led to the tragedy of the 1937 New London Texas School Explosion, Mike's story is a modern day reminder of how cost-cutting can put the essential elements of a community's culture and quality of life and security at risk.





Marina Brock, Barnstable Cty. Impediments to Implementing P2 in the Public Schools

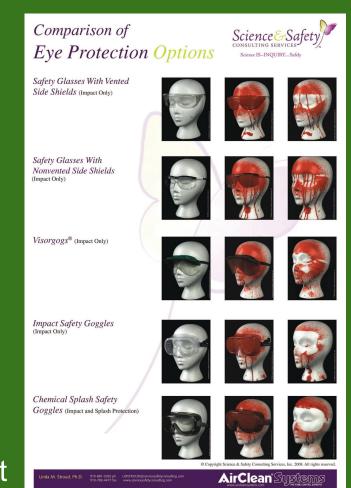
Our first on-site interview was with the science supervisor, a 20-year veteran of high school science teaching. While we were in his classroom discussing hazardous material management issues, a janitor worked quietly in the rear of the classroom sweeping the floor. The science supervisor was pleased to tell us that he had been disposing of his "heavy metal acids" for years using the "Flynn Method," by inerting them and pouring them into the sink, which connected to the "tight tank" outside his classroom.

I remember thinking to myself that the designers of the high school must have been incredible visionaries to have the forethought to install a tight tank in the early 1970s when the facility was constructed. Before I could ask about this, however, the heretofore silent janitor sheepishly mentioned that they didn't have a "tight tank" at their school. Obviously embarrassed, we all remained silent. The "tight tank" mistake eventually resulted in a \$55,000 environmental cleanup.

### A Culture of Safety

- Skilled workers, seen-it-all foremen, and hands-on managers.
- Individual knowledge based on personal experiences, vivid stories from trusted sources, reading, and certification and training courses.
- Group discussions about accidents and close calls complete the circle of safety by building up the motivational memory. ...Even people who were not at the scene of an explosion feel the emotional impact of hearing about burn injuries....

Institutional Memory: Why Remembering is Critical for a Culture of Safety, James R Chiles, Winter 2012, National Board Bulletin





#### The Increased Scope of Education Facility Management

Education Facility Managers are so over programmed that a complete program is rarely delivered

#### 70's,80's,90's,00's & Now

#### 40's,50's & 60's

- 1. Custodial operations
- 2. Maintenance operations
- 3. Grounds operations
- 4. Electrical / gas utility
- 5. Pest control (In-house)
- 6. Playground equipment
- 7. Roofs
- 8. Safety general
- 9. School closings
- 10. Vandalism

Facility programs have increased dramatically but many institutions have smaller leadership teams

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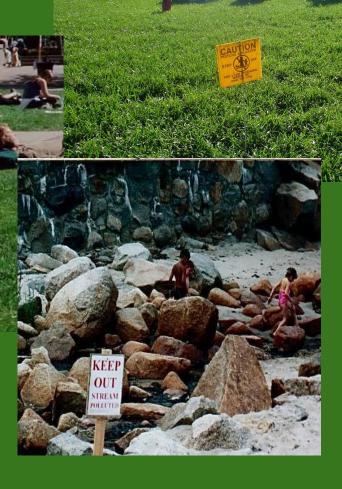
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- 7. Roofs
- 8. Safety general
- 9. School closings
- 10. Vandalism
- 11. Mold management
- 12. Asbestos (AHERA)
- 13. Carbon Dioxide testing
- 14. Lead in water
- 15. Natural gas volume purchasing
- 16. Electrical volume purchasing
- 17. CAD
- 18. CMMS with preventive maintenance
- 19. Electromagnetic emissions
- 20. Emergency / disaster plans
- 21. Energy management systems
- 22. Energy education
- 23. Data based custodial schedules
- 24. Rentals, community usage
- 25. ADA
- 26. Owners Construction Rep.
- 27. Indoor Air Quality
- 28. Lead in paint
- 29. Integrated Pest Management
- 30. Privatized custodial

- 31. Purchased services management
- 32. Protective equipment & clothing
- 33. Radon Management
- 34. Recycle waste program
- 35. Re-locatable classrooms
- 36. Right to Know Act
- 37. Underground storage tanks
- 38. Computerization technology support
- 39. Blood borne pathogens
- 40. Budget planning
- 41. Labor law issues
- 42. OSHA Logging & training
- 43. Custodial equipment management
- 44. Quality Assurance program
- 45. Hazardous Waste Removal
- 46. Emergency Backpacks
- 47. Building Backpack Supply
- 48. Defibrillator maintenance
- 49. Defibrillator training
- 50. Security systems
- 51. Green chemical management
- 52. Carbon footprint issues
- 53. Sustainability program
- 54. Life/Safety Planning
- 55. Playground management
- 56. Expanded athletic programs
- 57. Swimming pool maintenance
- 58. Indoor track & field
- 59. Fertilization & weed control
- 60. Artificial athletic fields

According to a recent NEA study, fewer than half of support professionals receive regular health and safety training.... even though many face these issues on a daily basis.

# Roundup (glyphosate)





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# **Giving Carpets A Second Thought**



When Health Takes **Precedence Over** Decor (Part I)

#### By Ellie Goldberg, MEd

f you or your child has asthma that is triggered by indoor allergens, your health care provider has probably advised against carpeting. He or she may have even told you to remove carpets from your home, or at least from the allergic person's bedroomwhere he or she typically spends the greatest amount of time. But what about the places people spend their waking hours-at school or work? It seems as if carpets are everywhere ... in homes, schools, offices, stores and even hospitals!

First, they emit chemical irritants due to the products used to manufacture and install them. Second, they harbor biological allergens, such as dust mites and mold. Most asthma patient education programs teach the importance of managing the environment to avoid asthma flares, and most specifically advise against carpeting.

The problems with carpets are twofold:

#### **Chemical Irritants**

For the first few weeks or months of a carpet's life, it may emit chemicals into the air by a process called "offgassing." These chemicals come from the carpet fiber bonding materials, backing glues, anti-static and antistain treatments, fire retardants, deoderizers, fragrances, and applied pesticides and fungicides. They can be quite toxic for those who are sensitive to them. But not all people are affected to the same degree. Some may have serious reactions, which may include eye, nose and throat irritation; headaches; skin irritations; fatigue; or asthma. Others spending time in the same environment may experience little to no effect. Joan and Bill Stokely's hedroom

renovations called fo efficient windows an carpeting. As is typic renovation projects, budget and took lon uled. Joan and Bill v occupy their bedroor contractors were gor tion of new carpet fi sealed windows sent out of control. After year of frequent doc ety of new medicatio late-night trips to th room, they finally go pet. The result? Her under control. "The immediate," Joan sa big fan of hardwood

#### Allergens

In addition to chem pets provide the idea harbor certain organ mites-microscopic thrive in a humid, w ment and feed on fla skin-inhabit carpet lions. Their waste an



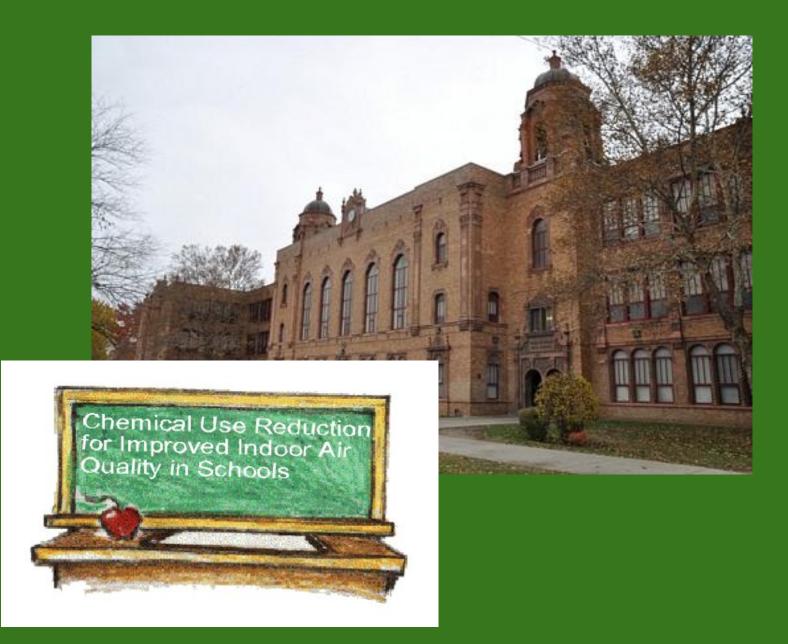
are potent allergens, and no amount of vacuuming effectively removes these. (Dust mites also flourish inside as one of the nation's greatest health

Environmental Protection Agency (EPA) ranks poor indoor air quality



Healthy	Progression to	Airway Remodeling	Remodeling Upermanent changes
Cells	💣 Mast cells 🀞	<ul> <li>Eosinophils, lymphocytes</li> </ul>	Myofibroblasts
Mediators	Histamine, other inflammatory mediators	Neuromechanisms, inflammatory mediators, cytokines	Growth factors
Actions	During an acute asthma attack, mast cells release inflammatory mediators, resulting in epithelial cell edema, muscle constriction, vascular leakage, and mucus hypersecretion.	In chronic asthma, mast cells and eosinophils release inflammatory mediators. Epithelial cells are shed, resulting in exposed nerves. Epithelial cells start to lose their cilia, and increased numbers of glandular cells are observed. Changes include increased muscle mass, sub- basement membrane collagen deposition, and vascular enlargement.	Remodeling can occur leading to permanent changes. Continued loss of epithelial cells, deposition of sub- basement membrane collagen, and increased muscle mass are observe

I guarantee you, if you look at your school through the eyes of students and teachers with asthma, you will never set your standards for health and safety too high. You will never betray the trust placed in you by your colleagues and your community, and you will save money at the same time.





# LESSONS

Invite concerns and reports. Look for warning signs. Respect safety signals. Take responsibility.



### Burlington High School Case Study

- 1. Chemical management and usage
- 2. Asbestos management
- 3. Indoor air quality
- 4. Pesticide usage
- 5. Mercury management and exposure prevention
- 6. Radioactive materials
- 7. Fire prevention
- 8. Pollution prevention
- 9. Hazardous waste generation and management
- 10. Formaldehyde
- 11. Radon
- 12. Chemical fume hoods
- 13. Eye washes and deluge showers
- 14. Safety equipment
- 15. Hazards/issues by department
- 16. Spill and emergency response plans
- 17. Ceramic kilns
- 18. Underground storage tanks
- 19. Lasers in the classroom
- 20. Discharges to the sanitary drains



A significant problem noted was that no one employed by the school system had been assigned the task or made accountable to investigate or resolve environmental, health and safety concerns or complaints. As a result, such complaints were either ignored, disputed or referred to a consultation for resolution without consideration for the original cause. This resulted in the long term persistence of many hazards. -- Todd Dresser, 2016 Hero



Perspectives

Nature Calls

Clean Sweep

Windows on TS

Safety Matters

Old School

Spot Light On

Green Scene

Bed Bug Protocol

The Great Utah Shake Out

Maintenance Matters

### "Every moment is a teaching moment." (Gregg Smith)

Fresh Paint 8% Mar-Apr 2013

#### Perspectives

INSIDE THIS ISSUE: 8 Big Pages! here are several articles in this L issue of Fresh Paint that discuss disaster preparedness, earthquakes and how as residents of "earthquake country" we should prepare for the inevitable. We all know it's only a 1 matter of when and the clock has been ticking for a very long, long

2

5

5

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time. 2 On April 17th at 10:15 AM, the 3 entire state of Utah will participate in The Great Utah Shake Out. This 3 annual statewide event is designed to test our earthquake knowledge 4 and readiness and to create aware-4 ness about the importance of being prepared.

Obviously, natural disasters just happen-they are not scheduled or planned. But, unlike a natural disaster, we now have advanced warning of when this drill will occur so we can be ready in advance. Certainly, the planned date or the time of the

pared when the unplanned and unexpected "BIG ONE" happens. Better to be inconvenienced now than unprepared later! Don't forget to mark your calendar for this very important date!

You can learn more about the Great Shake Out on page five of this issue. Even if you don't read another word in Fresh Paint, PLEASE visit the Great Utah Shake Out website by clicking on the following link:

http://www.shakeout.org/utah/

It explains the purpose of the drill, lists who is participating and most importantly, has many valuable resources to help you prepare for an earthquake disaster both at work and at home.

You can also read more about related earthquake preparedness and other disaster related articles found on pages 2, 3 and 4 of this issue of Fresh Paint.

### "The building is a teacher." David W. Orr, Oberlin College



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# Safety Matters

The column Safety Matters and frequent references to health and safety are evidence that every member of the facility staff belongs to one big safety team. Many of the articles address conditions or behaviors that are unsafe, unhealthy, or wasteful – contributing to greater knowledge and safety of the entire school community.

### "The training builds our collective capacity." (Gregg Smith)

Fresh Paint includes frequent staff training updates explaining how their knowledge and technical skills improve proficiency and performance in all areas of responsibility from infection control to water conservation.



# A Culture of Continuous Improvement

...How safe is the cleaning product for the people using it? Is it safe for people using the area?



# Green Cleaning ... turning kids blue?

"Bio-degradable," "environmentally friendly" or "natural" doesn't mean it is safe to breathe.

Aerosols and product vapors can be irritants or sensitizers ... d-limonene, the citrus ingredient in many "natural" cleaners.



### LESSONS

There will never be enough experts or inspectors to ensure schools are the healthy places and safe havens they are supposed to be.

Standards, building codes, and guidelines that are based on the average adult male or workplace regulations are not safe for children because children are not little adults.



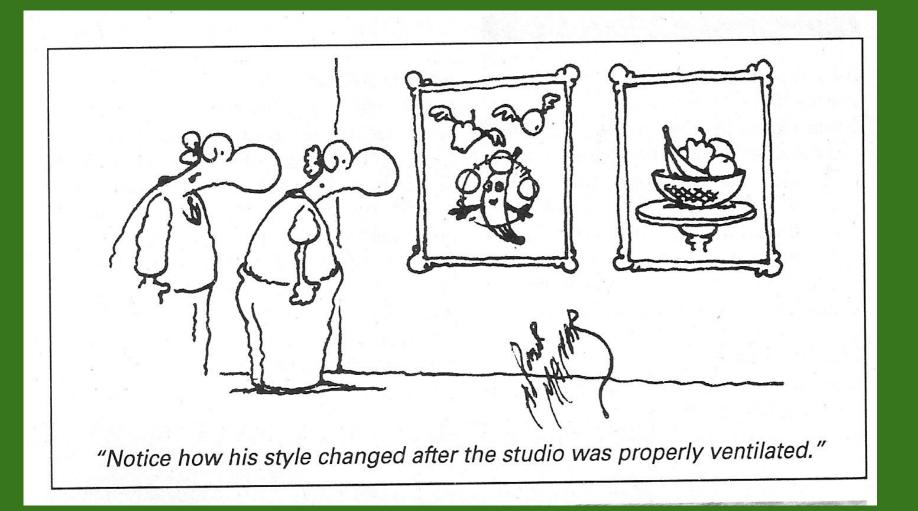


# **Need** for precautionary standards, protective measures and emergency plans.

- chemical storage
- > synthetic turf
- > pesticides
- gas pipelines near school
- truck routes near school
- train routes near school

- > STEM
- $\succ$  3-D printers
- ➤ asbestos
- > PCBs
- boiler
   maintenance
- ➤ mold
- > cleaners
- ≻ lead
- ≻ kilns





### Leadership Plus

Gregg Smith and his staff consistently demonstrate the qualities of leadership initiative, high standards, professional pride and caring - whether they are teaching about controlling germs with proper hand hygiene and cleaning top priority touch points in the classroom or pest management or capital improvements.





# Suggestions? Questions? Stories?

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www.healthy-kids.info

